

Std. :IX

Marks: 20

Date: 3/ 6/ 2014

ENGLISH

Time: 40 Min

GENERAL INSTRUCTIONS:

- This paper consists of four sections:

Section A – Reading	(5Marks)
Section B – Writing & Grammar	(8Marks)
Section C – Literature & Long Reading Text	(7Marks)

All sections are compulsory.
- Separate instructions are given for each section and question wherever necessary. Read the instructions carefully and follow them.

SECTION A: READING**(5)****I. Read the passage carefully and answer the questions that follow:**

Just by the use of colours you can balance your diet. All you need to do is to pay a little attention to the food you eat. Nutrition experts strongly recommend adding colours to your diet. Sweets and candy bars are generally colourful, but remember they do not contain natural colours and hence are not healthy. The key is a variety of naturally coloured foods. Deeper the colour, greater the benefits. Getting more colours in your diet doesn't mean you have to drastically change your current eating habits.

Have a glass of 100% juice in the morning. Keep a mix of dried fruits on hand for a quick snack. Grab an apple or banana on your way out. Include at least two vegetables in your dinner. Get into the habit of starting your dinner with a salad. Eat fruit for dessert. Always add greens to sandwiches.

Most red fruits and vegetables contain an antioxidant, which offers protection against ultraviolet rays and cancer, and helps to prevent urinary tract infections and diseases related to the circulatory system.

Green vegetables not only look great but also possess excellent antioxidant properties that protect your eyes by keeping the retina in good condition and reduce the risk of cancerous tumours. Orange and yellow group contains beta-carotene, an antioxidant that improves cell communication and thereby helps to stop the spread of cancer. Blue and purple group not only adds an element of tranquility and richness to your plate, but also have an influence on the pineal gland (the third eye) and the nervous system. White group contains sulphur compounds that protect DNA and also contain flavonoids, the antioxidants that protect cell membranes.

Therefore, the more colorful your diet is (all natural colors, of course), the better equipped your immune system is to cope with diseases

a. Answer the following questions based on the passage: (3)

- i. Why are sweets and candy bars generally not healthy?
- ii. How do antioxidants help us?
- iii. In what way do the green and purple vegetables help us?

b. Choose the right answer from the options given below them: (2)

- i. The word which mean the opposite of 'the presence of disturbance':

1. drastically	3. tranquility
2. excellent	4. nervous

- ii. The word 'drastically' means the same as -----.
- | | |
|--------------|---------------|
| 1. generally | 3. severely |
| 2. partially | 4. frequently |

SECTION B: WRITING & GRAMMAR (8)

II. You are Kanchi Shah, president of the Interact Club of the School. You, with the assistance of the other members of the club, have directed a documentary film on the preservation and protection of trees, birds and beasts. As part of the 'Go Green' week, you wish to screen the film. **Write a notice** inviting the students to the programme. **(4)**

III. In the passage given below, one word has been omitted in each line. Write the missing word along with the word that comes before and after it, in your answer sheet against the correct blank number. underline your answer : **(2)**

Self-help means use one's power to	e.g. use	<u>of</u>	one's
achieve success. It is habit of standing	(a) -----	-----	-----
on one's legs. God helps those help	(b) -----	-----	-----
themselves. This means that, we try to use	(c) -----	-----	-----
the powers which God given us they	(d) -----	-----	-----
will grow stronger.			

IV. In the passage given below, some words are missing. Choose the correct word from the given options to complete the passage meaningfully : **(2)**

Fossil fuels (a) _____ increasingly becoming expensive due to (b) _____ scarcity of fuel and the rise in demand. In addition to this the environmental (c) _____ social impact of the consumption of fossil fuels are matters of serious concern. The impact of (d) _____ these include air pollution, global warming and depletion of natural resources.

- | | | | |
|--------------|-----------|-------------|--------------|
| (a) (i) is | (ii) are | (iii) has | (iv) were |
| (b) (i) that | (ii) this | (iii) other | (iv) the |
| (c) (i) but | (ii) as | (iii) so | (iv) and |
| (d) (i) use | (ii) uses | (iii) using | (iv) used to |

SECTION C: LITERATURE & LONG READING TEXT (7)

V. Read the extract given below and answer the questions that follow. **(2)**

And both that morning equally lay
 In leaves no steps have trodden black
 Oh, I kept the first for another day
 Yet knowing how way lead to way
 I doubted if I should ever come back.

- What does the phrase 'no step had trodden black' mean?
- What is the doubt of the poet?

VI. Answer the following questions in about 40 words: **(3)**

- Why was the staff of the local branch office amazed by Hooper's visit?
- How does the poet of *Road Not Taken* resolve the dilemma he was in?

VII. Answer the following question in about 80 words: **(2)**

- Describe the cause of enmity between Tramecksan and Slamecksan
