

**INDIAN SCHOOL SOHAR**  
**FORMATIVE ASSESSMENT – 1**  
**SCIENCE**

**CLASS: VI**  
**DATE: 06-05-2014**

**MAX. MARK: 20**  
**TIME: 40 Min.**

**General Instructions**

- Question nos. 1-5 are MCQs carrying 1 mark each.
- Question nos. 6-9 are very short answer type carrying 1 mark each.
- Question nos. 10-12 are short answer type carrying 2 marks each.
- Question no. 13 is long answer type carrying 5 marks

1. Onion is which part of the plant:  
 a) Stem                      (b) Root                      (c) Leaf                      (d) Flower
2. Name the spice we get from the bark of the tree:  
 a) Cinnamon                      (b) Cardamom                      (c) Clove                      (d) Pepper
3. Protective foods are:  
 a) Carbohydrates & Proteins                      (b) Fats                      (c) Minerals & Vitamins                      (d) Dietary fiber
4. Which of the following is a good source of vitamin C :  
 a) Milk                      (b) Meat                      (c) Citrus fruits                      (d) Egg
5. Kwashiorkar is caused due to deficiency of:  
 a) Vitamin C                      (b) Calcium                      (c) Proteins & Carbohydrates                      (d) Iron
6. Which mineral do we need to build strong bones and teeth? In which kind of food it is present?
7. How can having carrots help improve our eye sight?
8. What are parasites?
9. What is meant by a staple food?
10. Complete the table:

Nutrient	Disease	Symptoms
i. _____	Rickets	Weak bones
Iron	ii _____	iii _____
Iodine	Iv _____	Swelling in neck

11. Write any two differences between Omnivores & Carnivores.
12. Mention the three functions of food and what are the two broad categories of food based on their sources?
13. Demonstrate an activity to test the presence of starch in the food sample.