



Welcome to
INDIAN SCHOOL SOHAR
Sultanate of Oman

Parent Orientation Programme

Preparatory Stage

Class III–V

April 10, 2025



School Diary

School Motto

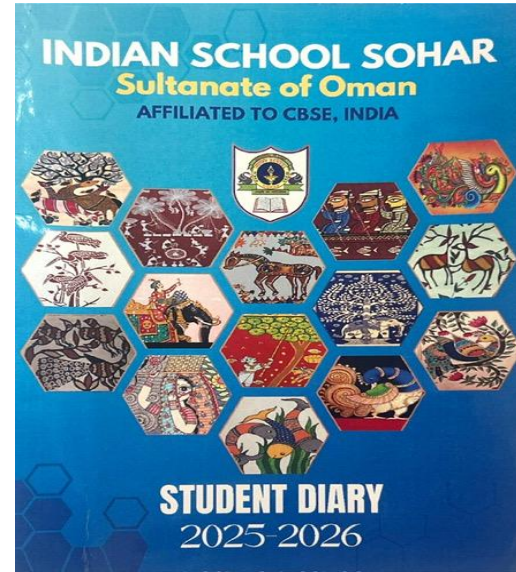
From darkness to light

Mission

To provide modern education yet retain the traditional Indian essence.

Vision

Aims to be an institution of excellence, in academics, holistic development and character building.



Note:

Parents should go through the school diary to familiarize themselves with all the rules, regulations, and guidelines.

Information Regarding Curriculum

Term – I

April 2025- September 2025

Term – II

October 2025 – March 2026



Academics

Class III and IV



English
Hindi
Mathematics
Environmental Science

Class V



English
Hindi
Mathematics
Science
Social Science

Scholastic Grading Scale



Marks	Grade
91 – 100	A1
81 – 90	A2
71 – 80	B1
61 – 70	B2
51 – 60	C1
41 – 50	C2
33 – 40	D
<= 32	E – Needs Improvement

Co-Scholastic Grading Scale

Grades: A, B, C

- Computer Science
- General Knowledge (GK)
- Art
- Music
- Health & Physical Education
- Discipline



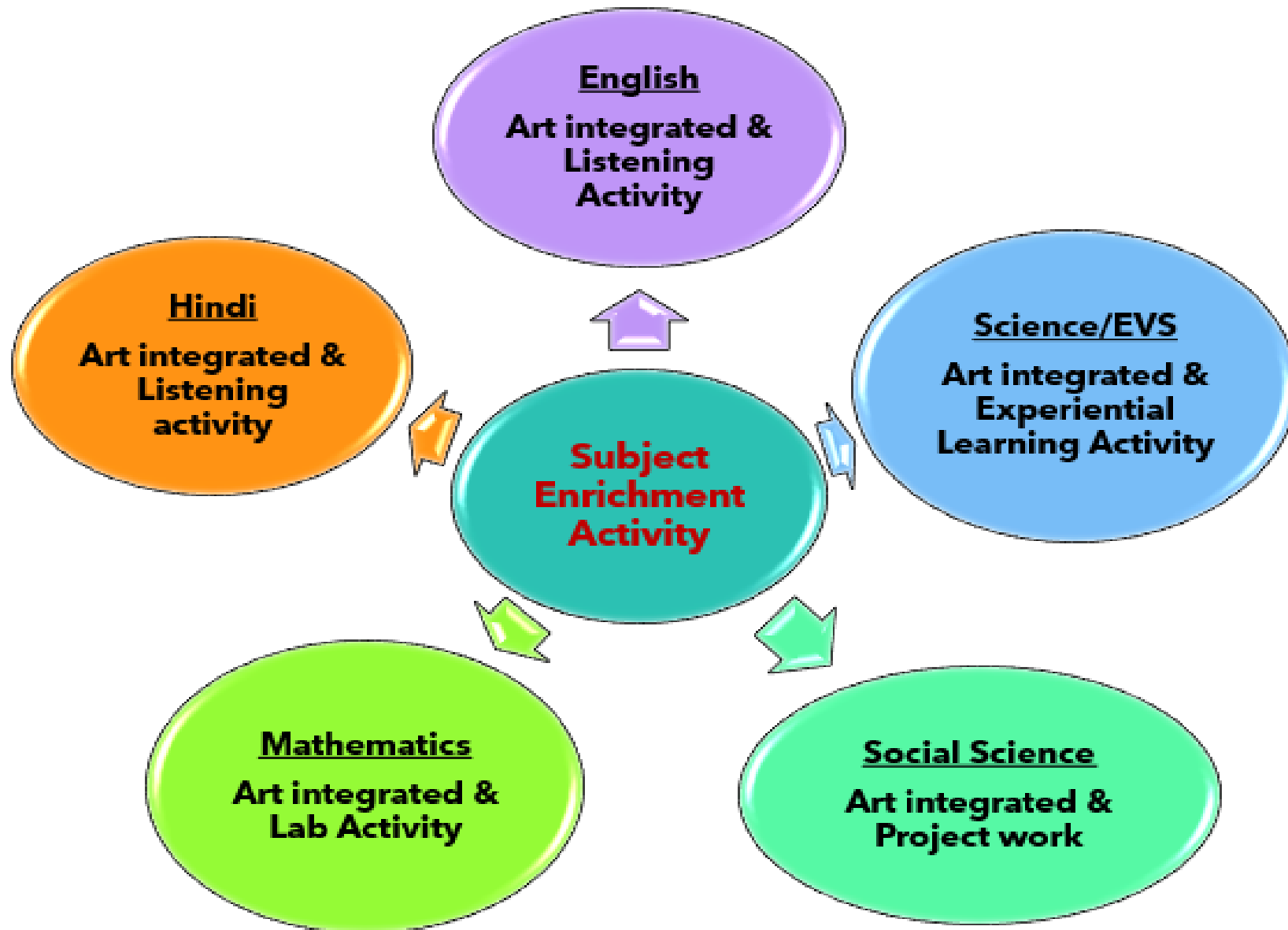
Subject Enrichment Activity (SEA) – 5 marks

*SEA will be conducted twice a year.

*SEA is aimed at enrichment of the understanding and skill development of the students in the subject.

*Each subject will have different SEA as per the given plan.





SEA – 5 marks



Marks Distribution

Periodic Test I	$20 / 2 = 10$
Subject Enrichment Activity	5
Notebook Evaluation	5
Term – I Exam	$40 \times 2 = 80$
Total	100

Periodic Test II	$20 / 2 = 10$
Subject Enrichment Activity	5
Notebook Evaluation	5
Term – II Exam	$40 \times 2 = 80$
Total	100



Evaluation Scheme

Periodic Test – I

MAY 18 - MAY 26 , 2025

Term – I

SEPTEMBER 18 - SEPTEMBER 30 , 2025

Periodic Test – II

JANUARY 12 - JANUARY 20 , 2026

Term – II

MARCH 1 - MARCH 12 , 2026

*The exam dates are tentative.



Report Card



INDIAN SCHOOL SOHAR
P.O.Box : 846, Postal Code : 311, Sohar, Sultanate of Oman
Telephone : +968 26841885
Email : office@indianschoolsohar.com



ACADEMIC SESSION:: 2024-2025

REPORT CARD FOR CLASS V

GR NO. :

ROLL NO.
STUDENT'S NAME
MOTHER'S NAME
FATHER'S/GUARDIAN'S NAME
DATE OF BIRTH
CLASS & SECTION

Scholastic Areas		TERM - I					TERM - II					
Subject	Periodic Test (10)	Note Book (5)	Subject Enrichment Activities (5)	Term-I Examination (80)	Marks Obtained (100)	Grade	Periodic Test (10)	Note Book (5)	Subject Enrichment Activities (5)	Term-II Examination (80)	Marks Obtained (100)	Grade
English												
Hindi												
Mathematics												
Science												
Social Science												
Co-Scholastic Areas:[on a 3-point (A-C) grading scale]						Co-Scholastic Areas:[on a 3-point (A-C) grading scale]						
Subject		Grade				Subject		Grade				
Music						Music						
Art Education						Art Education						
Health & Physical Education						Health & Physical Education						
Computer Science						Computer Science						
General Knowledge						General Knowledge						
Discipline:[on a 3-point (A-C) grading scale]						Discipline:[on a 3-point (A-C) grading scale]						
Attendance:						Attendance:						
Class Teacher's Remarks:						Class Teacher's Remarks:						
Signature of Class Teacher:						Signature of Class Teacher:						
Promoted to Class :												

Place: Sohar, Sulatanate of Oman
Date: 12-Apr-2023

School Seal

Signature of Principal



Discipline

*Students must be respectful and responsible.

*Students should produce creative and original work and avoid plagiarism (i.e. copying, lifting etc. from internet or elsewhere).

*Students must follow the discipline rules. Unacceptable behaviour including irregular attendance, academic dishonesty, negligence of homework, disruptive / disrespectful behaviour will result in disciplinary action.

SUCCESS
STARTS WITH
DISCIPLINE

Uniform Rules

Students should:

- *Come in proper school uniform.
- *Wear HPE uniform only on HPE days.
- *Wear identity card with the latest photograph fixed on it.
- *Nails should be clipped short and clean.
- *Short, neat haircut for boys with no fancy cuts and girls are permitted to wear small earrings .
- *Jewellery, fancy accessories and make-up not allowed.



Attendance

- *Students must attend the class regularly.
- *No leave is granted except for valid reasons and only on prior application/ mail by the parents to the class teacher.
- *In case of medical leave, submit medical certificates.
- *In case of absence for a day without prior information, submit leave letter.
- *Students should attend all tests and Exams.
- *Tests, examinations and SEAs will not be reconducted for the absentee students.
- *Ensure that activities & assignments given at regular intervals are completed and submitted in time.
- *75% of attendance is required as per the Laws of the CBSE Board to be eligible to write the examination.

Time Table

*Note down your timetable carefully.

*Students must bring the textbook/notebook /activity book etc. as per the instructions given by the subject teacher.



Tips to Pack School Bag

*Take only the books that are required at school. Some subjects might have more than two books, and you must be aware of what book is meant for that day.

*Organizing books daily helps to take out the books that will not be used for the day and help reduce the bag weight.

*Avoid packing unnecessary things just because the bag can hold them.

*Place the heavier books closer to your back. This way, the weight will not be focused on the shoulders.

*Make use of the various compartments to put in books, notebooks, stationery and lunch boxes. This will not only help you find things easily but also distributes the weight more evenly.



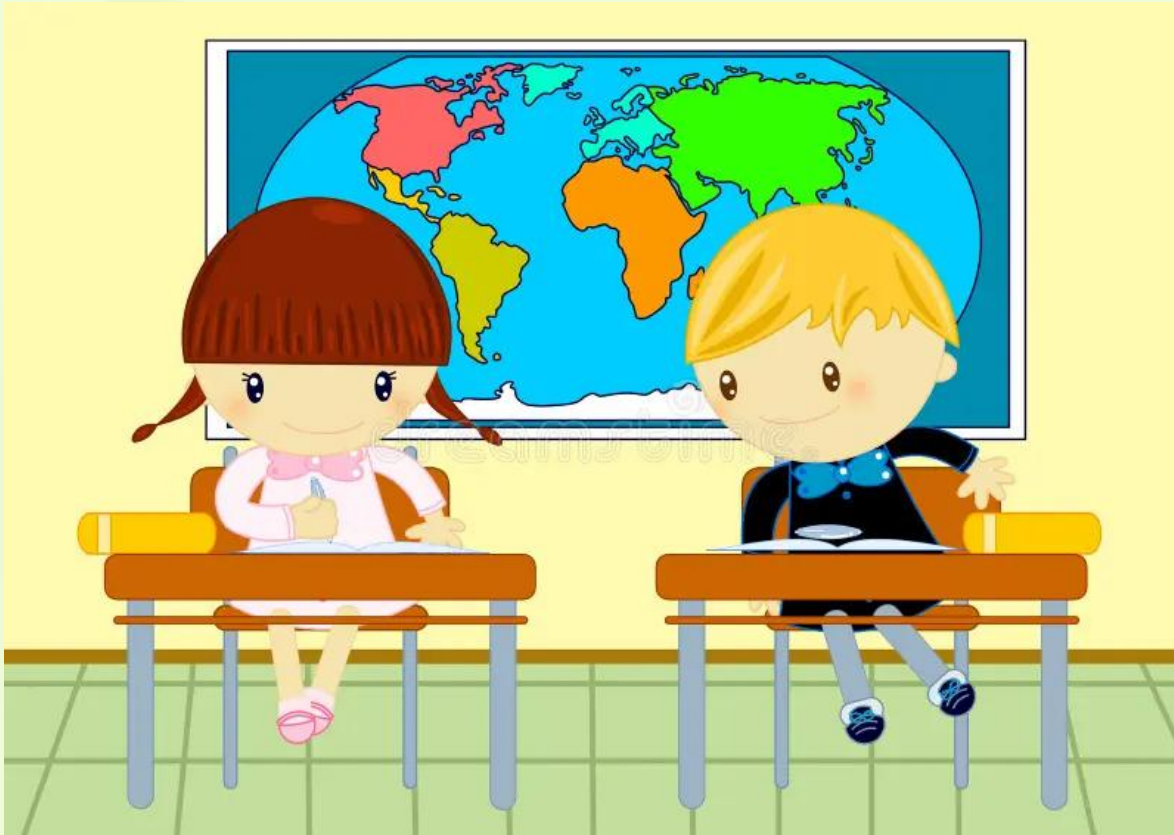
*Mobiles, digital watches and other electronic gadgets are strictly not permitted.

*If confiscated, it will be returned only at the end of the session.



Exam Time

**DO NOT CHEAT/COPY
ZERO WILL BE AWARDED**



Library Rules

1. Strict silence must be maintained in the library.
2. Library period is strictly meant for reading books.
3. No one can take a book from the library without having it duly entered.
4. A student may borrow maximum of one book at a time.
- 5 . A book is issued for a period of 7 days starting from the date of issue. The book must be the next returned on the due date. If the due date happens to be a holiday the book must be returned on next working day.
6. Books can be issued again if no one else requires it.
7. Reference books, reserved books, new arrivals and periodicals will not be issued to anybody and shall not be taken out of the library.
8. Personal books, bags and belongings are not supposed to be brought into the library.
9. In case a reader loses a book he/she should replace the book. In case the book cannot be replaced; the current price of the book will be paid by the borrower.



Eating Habits

- *Students should bring nutritious and balanced diet in their lunch box.
- *Students must carry and use napkins or mat on the desk for lunch or eating tiffin.
- *Bring spoon/fork ,water bottle.
- *Students should bring any fruit/salad of their choice for the fruit break.



DON'T FEEL WELL?
Stay home when you are sick
Keep school safe

Send leave information through your
parents
to the class teacher by mail.



**DON'T FEEL WELL?
STAY HOME WHEN YOU ARE SICK**

Tell your mom, dad, or caregiver before
you come to school. Tell your teacher or
an adult if you become sick at school



cough



Shortness of breath
or problem breathing



chills



sore throat



loss of taste
or smell



muscle pain

**Information
Sheet**

Taking a break to recover. Health comes first!





First Aid Room

- School provides first aid facility to the students and staff members.
- Students can visit First Aid Room located in Block A ground floor.
- Students should take permission from the class teacher to visit the first aid room. They should go with proper out pass.
- Do not take a classmate for help and support, if not required.
- Any student feeling unwell should be sent to the medical room. If the nurse is not in the medical room, proceed to the reception.
- If a child is found to be very sick, he/she will be sent home .
- For any emergency, children will be sent to the hospital and parents will be informed.





Ensure Transport Safety

1. Get to the bus stop at least five minutes before the bus is scheduled to arrive.
 2. When the bus approaches, stand at least 6 feet away.
 3. Wait until the bus stops and the door opens.
 4. If you have to cross the street in front of the bus, walk on the sidewalk.
 5. Never walk behind the bus.
 6. Take the assigned seat.
 7. Do not make noise. The driver may be distracted.
 8. The child should be dropped and picked on time.
 9. For any reason if the transport is delayed, ask your ward to come and wait in the school lobby (reception area) Block D.
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Homework Schedule

Class III

DAY	SUBJECTS
SUNDAY	MATHS
MONDAY	HINDI and MATHS
TUESDAY	MATHS
WEDNESDAY	EVS and MATHS
THURSDAY	ENGLISH and MATHS

Class IV

DAY	SUBJECTS
SUNDAY	MATHS
MONDAY	HINDI and MATHS
TUESDAY	MATHS
WEDNESDAY	EVS and MATHS
THURSDAY	ENGLISH and MATHS

Class V

DAY	SUBJECTS
SUNDAY	MATHS
MONDAY	HINDI and MATHS
TUESDAY	SOCIAL SCIENCE and MATHS
WEDNESDAY	SCIENCE and MATHS
THURSDAY	ENGLISH and MATHS

Note:

1. Math 3 to 4 problems will be given at the most every day.
2. Subject worksheet/Textbook exercise as homework will be given as per the homework schedule.



Birthday Celebration

- *Children are not allowed to elaborately celebrate their birthdays in the school.
- *Wear sober, simple Indian dress.
- *Only small toffees are allowed.
- *Do not go to staff rooms/ other classes during library, or other co-curricular periods for distribution of toffees.



Points to Remember

- *20% questions in GK Exam will be asked on current affairs. No worksheet on current affairs will be provided to the students.
- *Life Skill is being introduced in all the classes of III, IV and V.
- *Evaluation criteria for Computer Science: Notebook-5 marks, Lab activity-5 marks, Lab practical exam-10 marks, Theory exam-20 marks.
- *All the Students must join their respective subject Google Classrooms with code given for worksheets and other class related activities.
- *WhatsApp groups are created for the new session and it is mandatory to join the group with active mobile numbers to receive updates from the school.
- *Students must never share their official mail id and password. Official mail ids should not be used for any other purpose such as social media sites.
- *Give emphasis on textbook reading and self-study.
- *Encourage children to maintain the code of conduct.
- *Personal hygiene and neatness is of utmost importance.
- *Students should carry the diary to school every day.



Mobile App

*For better communication and convenience, a mobile app has been launched.

*The parents can access the app for Fee payment, Circulars and Report Cards.

*To login into the mobile app click on the given link or check school website.

https://indianschoolsohar.com/view_circular.php?id=NjY4



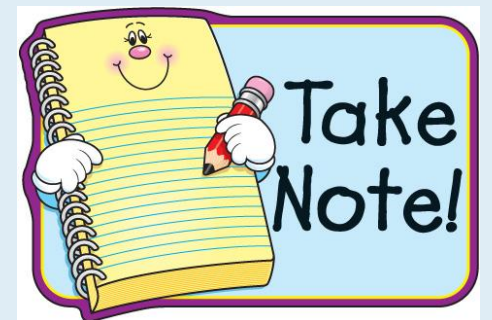
School Canteen

- *Students are requested to carry cash in change for transactions.
- *Seating is allowed only in the designated areas. Eating is prohibited in the basketball court, school ground and play areas.
- *Kindly use the waste bins placed near the canteen to keep the campus clean.
- ***Canteen Location: In front of the 'B' Block**



Points to Remember

1. Students and parents must check school website www.indianschoolsohar.com for circulars, photos, activities and other updates.
2. Kindly check the CBSE website www.cbse.gov.in regularly.
3. We request the parents to be regular in the payment of school fees.
4. Using Parents login ID, parents will be able to check their ward's attendance and result etc.
5. After obtaining the Transfer Certificate (TC), parents will no longer have access to the ERP system.



Social Media Policy

- *Students are advised to engage in responsible behaviour in cyberspace.
- *Parents/guardians should monitor their ward's social media activities.
- *Parents can plan on NO SCREEN TIME on some particular day/time for children.
- *Please do not allow children to play violent video games, as they can affect their behaviour and well-being.
- *The school shares updates, photos, and videos only through its official website and verified social media pages. Parents are encouraged to follow these for authentic information.



LOST & FOUND



- Parents are requested to label (name, class & section) all the items like sweaters, lunch box and any other personal possessions.
- Do not bring items that are not needed in the school especially valuable ones.
- If any item is missing, kindly contact the school reception at the earliest.
- Any item that is not being claimed will be donated after a month.



Parking

*Parents are requested to abide by all the traffic rules, while dropping or picking up children from the school.

*Parking in neighbouring residential area is strictly prohibited. It may invite ROP complaint and fine.



Parent Teacher Meet

- *Attend PTMs regularly to know your ward's progress.
- *Principal, Vice-Principal, Supervisor, Class teacher & subject teachers can be contacted via mail or with prior appointment apart from PTMs.



Fees



- *It is parents' responsibility to pay school fees on time.
- *Fees can be paid online and at the school fee counter during office hours on all working days.
- *Parents can check the fee status through ERP .
- *Fee structure is available on official school website- www.indianschoolsohar.com
- *Fee can be deposited online using net banking/mobile banking in Bank Muscat A/c No. 0343-01175965-0031
- *Late fee will be applicable.
- *Name will be deleted due to non-payment after two months.



ERP Login Tips for Parents

- Open a web browser (preferably Chrome).
- Enter <https://iss.josacloud.com/> website link.
- Click **Login**
- Enter username as **GR. No. of your ward** and password as **student**.
- Reset the password after successful login.
- Login again with the new password.

Forgot Password

Open a web browser (preferably Chrome).

- Enter <https://iss.josacloud.com/> website link.
- Click **Login**
- Enter username as **GR. No. of your ward** and password as **student**.
- Reset the password after successful login.
- Login again with the new password.

Contact Persons



TC/Admission Related Issues

Ms. Thulasi (admission@indianschoolsohar.com)

Teaching Related Issues

Respective Class teachers and Subject teachers. They have already shared their contact numbers in the class WhatsApp group.

Fee and Logistic Related Issues

(accounts@indianschoolsohar.com)

(opnanager@indianschoolsohar.com)

ERP RELATED ISSUES

Mr. Sudarshan Gupta (sgupta@indianschoolsohar.com)

Other Issues

Ms Sanchita Verma(Principal) principal@indianschoolsohar.com

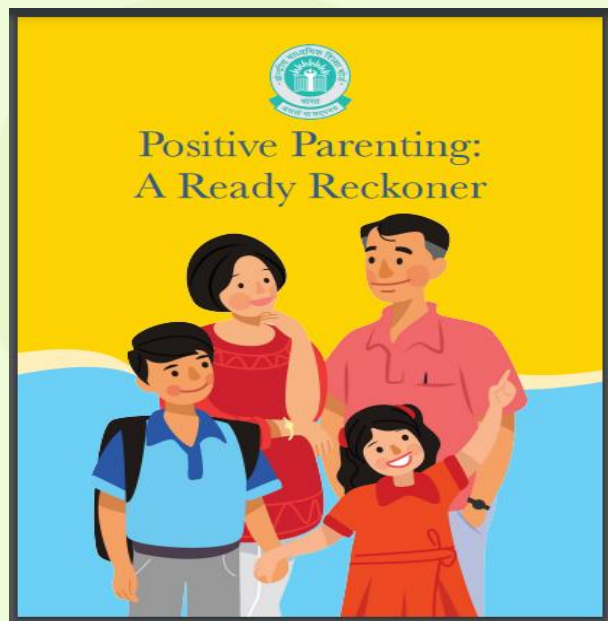
Mr Yashvir Singh(Vice-Principal) vp_ysingh@indianschoolsohar.com

Ms Indira Sukuraman (Asst. Vice-Principal) avp@indianschoolsohar.com

Dr Alka Singh (Supervisor III - V) supervisor3to5@indianschoolsohar.com

Ms Anu Sonia Vincet (School Counselor) counselor@indianschoolsohar.com

https://www.cbse.gov.in/cbsenew/documents/CBSE_Positive_Parenting_Book.pdf



What is Holistic Progress Card (HPC)?

- The Holistic Progress Card (HPC) is a significant initiative launched by CBSE as part of the National Education Policy (NEP).
- The HPC monitors a child's progress across various areas, providing parents, teachers, and students with a better understanding of their strengths and areas for growth.
- This ensures that students excel not only in exams but are also well-equipped for future life and career challenges.



Aims of HPC

- The goal is to move away from traditional exam-based assessments and adopt a system that promotes holistic development.
- It aims to evaluate students more comprehensively, considering not only their academic performance but also their overall growth.
- It emphasizes both academic and non-academic skills, including creativity, critical thinking, emotional development, and social skills.
- This method fosters balanced growth in students, equipping them for life beyond school.



Key Components of HPC

- Scholastic Performance: Subject-wise academic progress
- Co-Scholastic Areas: HPE, Music, Art and extracurricular activities
- Life Skills & Values: Leadership, teamwork and emotional intelligence
- Teacher's Observations
- Parent's Feedback



How the child will be assessed?

The child's assessment will cover various domains, including Physical Development, Socio-emotional Development, Cognitive Development, Language and Literacy Development, Aesthetic and Cultural Development, and Positive Learning Habits.



