



INDIAN SCHOOL SOHAR
UNIT TEST 2017-2018
SUB: PHYSICAL EDUCATION

CLASS: XI
Date:

Max Marks: 50
Time: 02 Hrs

General instructions:

1. All questions are compulsory.
 2. The serial number of question should be written clearly.
 3. Answer to question carrying 1 mark should be in approximately 20-30 words.
 4. Answer to question carrying 3 marks should be in approximately 50-60 words.
 5. Answer to question carrying 5 marks should be in approximately 100-120 words.
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Q.1	Who is known as the father of Modern Olympics?	1
Q.2.	Write the aim of physical education.	1
Q.3.	Write Olympic Oath.	1
Q.4.	Write any one definitions of physical education.	1
Q.5.	Expand LNUPE and NSNIS.	1
Q.6.	Who was the first president of IOA?	1
Q.7.	Name the first Indian badminton player who won medal in Olympics?	1
Q.8.	In which year IOA was formed?	1
Q.9.	What are the objectives of physical education?	1
Q.10.	Explain soft skills required for different careers.	3
Q.11.	Write short note on Modern Olympic games.	3
Q.12.	Write short note on Dronacharya Award and Rajiv Gandhi Khel Ratan Award.	3
Q.13.	Explain Chacha Nehru sports award.	3
Q.14.	Explain IOC.	3
Q.15.	What are the functions of IOA?	3
Q.16.	How are CBSE games conducted?	3
Q.17.	Explain the Flag, Torch, Prize and Motto of Olympic Games.	5
Q.18.	Write note on Ancient Olympic Games.	5
Q.19.	Explain Arjuna Award	5
Q.20.	Explain in details the career options in physical education.	5

***** All the Best*****