



Std.: IX
Date: 12.03.2019

ENGLISH

Marks: 80
Time: 3 Hrs.

GENERAL INSTRUCTIONS:

This paper consists of three sections:

- Section - A : **Reading** (20 Marks)
 - Section - B : **Writing & Grammar** (30 Marks)
 - Section - C : **Literature Reader** (30 Marks)
 - All sections are compulsory.
 - You may attempt any section at a time.
 - All questions of that particular section must be attempted in the right order.
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SECTION- A: READING (20 Marks)

1. Read the passage given below and answer the questions that follow:

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1. We live in an era where it is difficult to miss fast and junk food and the rise in teenage obesity and related health issues due to it.

2. During teenage, weight gain is normal but when it goes beyond control, the person becomes obese. Our body requires energy to function, which is derived from the food we eat but when the intake of food becomes more than the amount that the body requires, the excess energy is stored as body fat.

3. Contemporary lifestyle sees an increasing consumption of junk food, and spending time watching television and playing computer games. Overeating along with lack of physical exercise are the major causes leading to teenage obesity. Large intake of high calorie food and low nutrient food leads to unnecessary weight gain. Besides these, obesity can also be genetically inherited where some people have the genetic tendency to burn calories more slowly compared to others. Stress is also a reason for obesity where people resort to overeating to alleviate their stress.

4. Teenage obesity is growing immensely and has been named an 'obesity epidemic'. A number of health issues arise out of it like diabetes, high blood pressure and cholesterol, sleeping disorders, hormonal imbalance, and asthma. Along with these, obesity can also result in psychological problems like low self-esteem due to the constant jeering of peers. Obese teens are more prone to being teased and physically bullied compared to others of their same age.

5. Therefore, it is necessary to control excessive weight gain. Inactivity is the major cause of obesity and regular exercise is the best way to control it. Physical exercise like jogging, swimming and playing outdoor games can help to keep fit. A balanced diet with lots of vegetables, fruit and whole grains is also essential. Junk food and soft drinks should be substituted with lots of vegetables, fruits and whole grains in the diet. Drinking around 8-10 glasses of water also helps to reduce the calorie intake.

6. Parents have an important role in controlling teenage obesity as they should try to set examples by following a healthy diet and leading a healthy lifestyle. A combined effort of the parents and kids can help to control this eating disorder.

Attempt any eight of the following questions on the basis of the passage you have read:

- a) When does a teen become obese?
- b) What has teenage obesity been termed as?

- c) Why do teens become obese?
- d) What are the major causes of obesity?
- e) What are the health issues related to obesity?
- f) How does it affect teens psychologically?
- g) What are the other causes of obesity?
- h) Mention some simple ways to prevent obesity?
- i) In what way can parents help their kids?

2. Read the passage given below and answer the questions that follow: 12

1. Education is the beginning of empowerment. It is a key to happy and satisfactory life for the special children, who are cruelly segregated from the society. In India, there are around 35 million disabled children but less than one per cent have access to education. The most pressing need is to bestow the precious gift of education on them and let them be the bearers of torch towards the path of progress.

2. Special children, without education, are a burden on their families as well as society. The crude discrimination between normal and abnormal children leads to severe psychological disorders, giving birth to frustration which we all know, is not healthy for any progressing nation. Several NGOs are working towards the upliftment and betterment of such children, but again a grave problem that is faced by the volunteers is lack of motivation in such children and even their families. Those who are from the well-to-do families may not find themselves in this menace, but those belonging to the lower economic section feel that the effort to obtain education is simply wastage of time and energy not to say anything about money.

3. Another factor which is hindering the path of education for such children is the lack of opportunities or facilities available in schools. Even if the parents do send such children to school, the schools themselves are sadly lacking the facilities to cater to their needs. The government has started the 'Integrated System of Education' that enables the disabled to study with normal children in normal circumstances with few facilities for them. Yet again we find psychological barriers amongst impaired children that they cast themselves in a hard mould. Special schools have also been established by the government and NGOs to meet specific needs of such children but their number is pitifully low as compared to the normal schools.

4. There is an urgent need to strike at the roots of this neglect to enable the disabled.

2.1. On the basis of your reading of the passage, answer any four of the following questions in about 30 – 40 words each: 8

- a) Who are special children?
- b) Why is education important for 'special children'?
- c) Why should the discrimination between normal and 'special' children be avoided?
- d) What is the hindrance on the path of education for 'special' children?
- e) What is the difference in mentality between the rich and the poor in educating special children?

2.2. On the basis of your reading of the passage, fill in any two blanks with appropriate words or phrases: 2

- a) Integrated System of Education enables the disabled to study with _____.
- b) It is not healthy for a progressing nation if _____.
- c) Special schools have been established by the government and NGOs to _____.

2.3. Attempt any two of the following. Find out the word that means the same as the following: 2

- a) set apart (Para. 1)
- b) Inspiration (Para. 2)
- c) blockade (Para. 3)

SECTION – B: WRITING & GRAMMAR (30Marks)

3. You visited your grandparents during the summer vacation. It was your first visit to a village. Everything around was so different – the air, the landscape and surroundings, the people and their language. You are Rohan/Shreya. Write your experience and feelings in your **diary** in about **100-150** words. **8**

Hints: One of my uncles lives in village – suggested me to come with him – play with cousin – air and water is pure – cricket is favourite game – swim in pond with them – grandmother pampers me with delicacies.

OR

The climate throughout the world is changing. It has already disturbed weather patterns by increasing rainfall in some areas and decreasing it in others. The temperature is increasing day by day. It results as frequent hurricanes, tornadoes, floods, tsunamis, etc. Write an **article** in about 100 – 150 words for your school magazine on the topic '**Global Warming: A Threat to the Life**'.

Hints: Global warming – rise in average temperature – melting of glaciers – due to pollution and human activities.

4. Write a short story, in about 150 - 200 words, with the help of the hints/starting line given in the boxes below. Give a suitable title to the story. **10**

Last week I went to the market to buy some books on my bicycle. I placed my bicycle outside the shop.....

OR

A house near Ganges – father goes to another village - son in -charge of the house – the river in flood – water everywhere – mother and sister in danger – a boat near the house – the boat saves the family.

5. Read the following passage. Fill any four blanks by choosing the most appropriate options from the ones given below. Do not copy the whole passage: **4**

Entry of air (a)..... the house is ventilation. Air may enter the house (b) many ways: natural ventilation (c) we open doors or windows or by infiltration through the cracks in the walls, floors or ceilings or (d)..... exhaust fans and air conditioners. But if the air is not clean it can cause health problems. One may forget that indoor air pollutants (e)..... be very dangerous too.

- | | | | |
|-------------|-------------|-----------|-------------|
| a) i) in | ii) into | iii) from | iv) towards |
| b) i) from | ii) in | iii) as | iv) through |
| c) i) for | ii) where | iii) when | iv) because |
| d) i) with | ii) through | iii) in | iv) of |
| e) i) could | ii) are | iii) will | iv) can |

6. In the following passage one word has been omitted in each line .Write the missing word, in any four sentences of the given paragraph, along with the word that comes before and the word that comes after it. **4**

	Before	Missing word	After
Throughout the greater part Bertrand Russell's	a) _____	_____	_____
childhood, most important hours of his days	b) _____	_____	_____
were those he spent alone in the garden.	c) _____	_____	_____
He knew corner of the garden, and knew	d) _____	_____	_____
in part of the garden primroses and bluebells bloomed.	e) _____	_____	_____

7. Rearrange any four of the following words or phrases to make meaningful sentences. 4

- a) is familiar \ properties \ most \ the neem \ medicinal \ to \ people \ for its
- b) it is \ distinctive curled \ star-shaped \ recognized \ leaves \ by its \ flowers \ and
- c) are pale \ tinge of rust \ the young \ and green \ with a \ leaves
- d) New Year's day \ to ward off \ are eaten \ leaves \ the \ on \ sickness
- e) cupboards \ are dried \ and cockroaches \ they \ and put in \ moths \ to keep out

SECTION - C: LITERATURE READER (30 MARKS)

8. Read the extract given below and answer the questions that follow: 4

"He went to high school in Munich, where Einstein's family had moved when he was 15 months old, and scored good marks in almost every subject. Einstein hated the school's regimentation, and often clashed with his teachers."

- (a) Who is 'he' here?
- (b) What opinion did Einstein's headmaster form about him when he was in high school?
- (c) How did he perform in high school in Munich?
- (d) Why did he often clash with his teacher in high school?

OR

**"He came to the door of a cottage,
In travelling round the earth,
Where a little woman was making cakes,
And baking them on the hearth;**

**And being faint with fasting,
For the day was almost done,
He asked her, from her store of cakes,
To give him a single one."**

- (a) Whom did Saint Peter meet?
- (b) What was she doing?
- (c) Who was on fast?
- (d) What did the visitor demand for?

9. Answer the following questions in about 30-40 words each: 10

- (a) What activities are observed by the writer on the banks of the Bagmati river?
- (b) How does Tommy describe the old kind of teachers?
- (c) Where did Sergei send Lushkoff? What advice did he give him?
- (d) What does the wind do with the books?
- (e) Where did the child go with his parents? What did he want there?

10. Answer either one of the following questions in 100 – 150 words: 8

Teachers can either 'make' or 'break' their students' lives. Cite two incidents from **"My Childhood"** to prove the truth of this statement.

OR

Bring out the humour in the poem **"The Duck and the Kangaroo"**.

11. Answer either one of the following questions in 100 – 150 words: 8

Storytelling is an art. Comment with reference to the story 'Iswaran the Storyteller'.

OR

The future of a country depends upon the power of youth. Explain how Prashant organized the youth in Ersama to help the cyclone – affected people.

****THE END****

