



INDIAN SCHOOL SOHAR  
PERIODIC TEST II 2019-20

Class: VIII  
Date: 15 /01/20

ENGLISH

Max. Marks:15  
Time: 45Min

**General Instructions:**

This Paper consists of three sections

Section A – Reading (3 Marks)

Section B – Writing (5 Marks)

Section C- Literature (7 Marks)

All Sections are compulsory.

Separate instructions are given for each section and questions wherever necessary. Read the instructions carefully and follow them.

**SECTION – A (READING)**

**(3Marks)**

**1. Read the passage given below and answer the questions that follow:**

We give undue importance to our health and the treatment of diseases. A large number of medicines treat only the symptom of the disease, and not the root cause. In fact, the cause of many chronic ailments is still being researched. It is here that Yoga therapy comes to our assistance. Yoga emphasizes treatment of the root cause of an ailment. It works in a slow, subtle and miraculous manner. Modern medicine can claim to save a life at a critical stage, but, for complete recovery and regaining of normal health, one must believe in the efficiency of yoga therapy. The yogic way of life includes a code of ethics, regulations, discipline and more combined with prayer and meditation. The sincere practice of yoga postures benefits all levels of experience. Through continued practice, Yoga postures can have a profound effect on the inner dimensions of life, establishing deep calm, concentration, emotional stability and confidence. Man is a physical, mental and spiritual being; Yoga helps promote a balanced development of all the three. Other forms of physical exercises, like aerobics, assure only physical well-being. They have little to do with the development of the spiritual or astral body.

**1.1. Answer the questions briefly:**

**2**

- a) What do most of the medicine treat?
- b) How does sincere practice of yoga postures benefit us?

**1.2. Find the word from the passage which means the same as the following:**

**1**

- a) having had a disease for a long time
- b) to get back something you no longer have

**SECTION – B (WRITING)**

**(5Marks)**

**2.** You are Priyanka/Piyush of Class VIII. Write a **report** for your school magazine describing how the Teacher's Day was celebrated in your school in about 60-80 words.

**3. Answer the following questions in about 20-30 words:**

**4**

- a) Why do you think that Nick’s and Joe’s father was proud of them in the lesson ‘Half a Gift’?
- b) What kind of staircase did the mother have to climb? What is her advice to her son?

**4. Give the meaning of the following words and frame meaningful sentences of your own:**

**3**

- a) discard
- b) plead

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**SECTION – A (READING)**

**1. Read the passage given below and answer the questions that follow: (3 Marks)**

We give undue importance to our health and the treatment of diseases. A large number of medicines treat only the symptom of the disease, and not the root cause. In fact, the cause of many chronic ailments is still being researched. It is here that Yoga therapy comes to our assistance. Yoga emphasizes treatment of the root cause of an ailment. It works in a slow, subtle and miraculous manner. Modern medicine can claim to save a life at a critical stage, but, for complete recovery and regaining of normal health, one must believe in the efficiency of yoga therapy. The yogic way of life includes a code of ethics, regulations, discipline and more combined with prayer and meditation. The sincere practice of yoga postures benefits all levels of experience. Through continued practice, Yoga postures can have a profound effect on the inner dimensions of life, establishing deep calm, concentration, emotional stability and confidence. Man is a physical, mental and spiritual being; Yoga helps promote a balanced development of all the three. Other forms of physical exercises, like aerobics, assure only physical well-being. They have little to do with the development of the spiritual or astral body.

**1.1. Answer the questions briefly: 2**

a) How does sincere practice of yoga postures benefit us?

b) What do most of the medicine treat?

**1.2. Find the word from the passage which means the same as the following: 1**

a) completely unexpected and very lucky

b) the position in which you hold your body when standing or sitting

**SECTION – B (WRITING)**

**(5Marks)**

2. You are Priyanka/Piyush of Class VIII. Write a **report** for your school magazine describing how the Teacher’s Day was celebrated in your school in about 60-80 words.

**SECTION –C (LITERATURE)**

**(7Marks)**

3. Answer the following questions in about 20-30 words:

**4**

- a) What kind of staircase did the mother have to climb? What is her advice to her son?
- b) Why do you think that Nick’s and Joe’s father was proud of them in the lesson ‘Half a gift’?

4. Give the meaning of the following words and frame meaningful sentences of your own:

**3**

- a) hospitality
- b) counsel

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