



**INDIAN SCHOOL SOHAR  
CIRCULAR FOR CLASS X & XII**

**ISS/CIR/053/19-20  
10-02-2020**

Dear Parents,

While all parents are recommended to motivate their children to perform to the best of their potential in the forth-coming board examinations, they are also advised to have reasonable and realistic expectations with regard to their ward's academic achievement. Also, in case you observe your ward undergoing extreme stress or anxiousness - exhibiting feelings of inadequacy/ hopelessness; self-doubt; low self-esteem; engaging in negative self-talk etc., you are kindly advised to seek professional help. In this context, parents/ students/ students with their parents are welcome to meet the Principal and the school counselor on any weekday between 8:00 am – 9:30 am to avail counselling services.

Sanchita Verma  
Principal  
Indian School Sohar