



**INDIAN SCHOOL SOHAR  
SULTANATE OF OMAN**

**SESSION: 2026-2027**

**CIRCULAR  
BAL VATIKA to V**

**ISS/WEBCIR/022/26-27**

**03<sup>rd</sup> May 2026**

**SUSPENSION OF OUTDOOR ACTIVITIES**

Dear Parents,

Greetings

Kindly note that due to the prevailing hot climatic conditions, the HPE (Health and Physical Education) activities will be shifted indoors with effect from **Sunday, 03 May 2026**.

**Please note the following:**

- **Indoor activities** during the HPE period will continue from **03 May 2026** onwards.
- **Outdoor activities** will remain **suspended during May and June 2026** to ensure the safety and well-being of our students.
- **Wear** the prescribed school **sports uniform on HPE days**.
- Students are also advised to keep themselves **well hydrated**.

We appreciate your cooperation and support.

Warm regards,

*S Verma*

Sanchita Verma  
Principal  
Indian School Sohar

Sheenam Samuel  
Headmistress  
Indian School Sohar

